

# TRICO

## *TRICORYTHODES SPP.*



## Trico Nymph

### Identification

- Yellow to brown; they become darker closer to their emergence
- First abdominal segment with two large, triangular gill plates
- Three tails
- Found in all water types, but especially in slower flows
- Size: ~ 0.1 in (#20-24)



## Trico Adult

### Identification

- Sub-imagos (duns) can have white or olive bodies.
- Imago (spinners) have black bodies
- Three tails
- Hind wings absent
- Size - <0.1-0.3 in (#18-24)



### Biology

Trico's are *mulibrooded*, which means that there are multiple emergences for a single species in one year. This is why you start to see them in July and continue to see them though mid-October.

### Angling Tip:

*The most effective stage to fish tricos is typically the spinner fall. This often occurs mid-morning in July-October. Look for gentle rises in slow-moving water.*